

# Retire your way

Discover retirement  
living at Stockland



Find out  
how to retire  
your way at a  
Stockland  
village

Have a sneak peek  
at village life  
.....

What's the secret to  
a healthy retirement?  
.....

How to make  
downsizing easy



Stockland

# What's inside...

## Why choose Stockland?

Have a sneak peek at village life



Two retirement contracts to choose from



Making life easier with serviced apartments



## Getting your finances in order

What is a Deferred Management Fee?



Future-proofing your assets – find out more



How to enjoy financial freedom in retirement



## Finding easy solutions for downsizing

Helping debunk the myths of downsizing



Expert tips for downsizing



Find out how downsizing can be fun



Become a downsizing cheerleader



How rightsizing can help you find the perfect fit



## Providing peace of mind in retirement

How to experience a stress-free retirement



Find out about our 6-month Money Back Guarantee



Helping make your move as easy as 1-2-3



The secret to a healthy, happy retirement



# Welcome

We understand that transitioning into a retirement village is an exciting, yet big step, especially during this challenging time.

Our commitment to creating thriving retirement villages is unwavering and we are proud to continue to keep our community spirit alive across all our retirement villages.

We're thrilled to share with you our latest collection of informative articles and videos which we are sure will shed light on all you have ever wanted to know about retirement living.

With all the support you need to feel safe and secure, all that's left to do is choose the Stockland Retirement Village that's right for you, and enjoy life with your newfound community of like-minded people.

To book a viewing or an appointment, we offer private consultations and tours in person or via Skype or Facetime. We are here to assist you during any stage of your retirement journey, so please feel free to contact us however you feel most comfortable.





# What is a Deferred Management Fee?

At Stockland we want you to understand the costs involved with moving into one of our villages before you make the next step – and this includes our Deferred Management Fee (DMF).

This is a one off management exit fee made when you leave, which reduces the up-front costs of your home to a more affordable price, and gives you access to more funds during your retirement now, so you can continue to enjoy the things you love.

**Understanding DMF:**

- What is a DMF?
- How does it work?
- What’s the cost?
- What does it cover?

[Read more information about DMF here](#)



**Did you know?**

As a Stockland resident you gain FREE access to our My Rewards program, allowing you to save money on a huge range of gift cards, movie tickets and box office tickets!

[Click here to learn more](#)



# Helping debunk the myths of downsizing

**What if we told you...**

The perfect home for this next season of life is out there waiting for you, all you need to do is trust the process. Yes, making a big life change is exactly that – big. However, that doesn’t mean it can’t also be exciting and very rewarding.

To find out more about downsizing read our article by downsizing expert, property makeover specialist and author of *Rightsize Your Home* – Belinda Woolrych.

[Read about how to help debunk the myths of downsizing](#)



“While you are away everyone keeps an eye on your home. It is a great feeling knowing everything will be safe and secure whilst you are gone.”

Alex & Mina,  
Gillin Park Retirement Village

# 5 tips to help you experience a stress-free retirement

“We really wanted to be able to enjoy our lives together with a lot less work to do and in a safe and friendly environment.”

Ray & Kay Hunnam,  
Arilla Retirement Village

Have you taken the time to think about what it is you actually want from your retirement? If not, you’ve come to the right place. Take a look at our short video from Belinda Woolrych – downsizing expert, property makeover specialist and author of *Rightsize Your Home*, which will give you some super helpful questions to consider, so you can experience a relaxed and enjoyable transition into your new lifestyle.

[Watch our ‘things to consider when downsizing for retirement’ video here](#)



# Ultimate peace of mind with our 6-month Money Back Guarantee\*

That’s right, to help your move be as enjoyable and relaxed as possible, our 6-month Change of Mind Money Back Guarantee\* offers 100% peace of mind.

If, within six months of moving into one of our villages, you change your mind and notify Stockland that you want to move out, we will refund all payments you have made to Stockland for your home.

Of course we’re confident that you’ll love your new home, but we also understand this is a big life change. Now you can exhale and make your move absolutely stress-free with this comforting layer of extra reassurance.

[Discover more today and start planning your new lifestyle](#)



\*Stockland will refund all amounts you have paid to Stockland for your home (and if applicable the purchase price paid to the previous owner for a strata title purchase) if you notify Stockland that you want to move out of the village within 6 months of moving in. Offer excludes any amounts payable to third parties for upfront costs (e.g. removalist fees and stamp duty) or ongoing costs (e.g. strata levies and utilities) in relation to your home. Offer applies to reservations made on or after 1 November 2015. Offer is subject to terms and conditions to be included as part of the applicable residence contract. For more information speak to a Stockland Sales Professional. Change of Mind Guarantee Offer does not apply to Aspire by Stockland products.

### Did you know?

- Various rules apply to different assets
- Your decisions may impact your partner's pension
- Capital gains tax can impact your estate
- A testamentary trust can help protect your assets



## Have you future-proofed your assets?

Organising your estate doesn't have to be difficult. In fact, we think it should be not only easy but dare we say, enjoyable. That's why we've put together some helpful tips to ensure your estate is organised, and that your loved ones are taken care of.

Read our article by finance expert and author – Noel Whittaker



“Even if I had the option to go back to our old house, I wouldn't! We've moved on, and we couldn't be happier.”

Ray Hunnam, Arilla Retirement Village

## Enjoy financial freedom and retire like you mean it

At Stockland we believe in making the most of your retirement and being financially free. By simply allocating your funds wisely you can design your retirement lifestyle how you want it.

To find out more on how you can enjoy financial freedom and retire your way, view our article by finance expert and author – Noel Whittaker.

Discover how you can enjoy financial freedom in retirement



### Empower yourself to:

- Invest wisely
- Diversify your portfolio
- Minimise financial risk
- Maximise your superannuation

## Expert tips for downsizing

We know that transitioning into retirement village life is a big change, but we also believe it should be a positive one.

The great news is, we have some easy-to-follow expert tips from Belinda Woolrych – downsizing expert, property makeover specialist and author of *Rightsize Your Home*.

Belinda has helped countless people just like you, to make their move into retirement village living their best decision yet.



Belinda Woolrych, author of *Rightsize Your Home*



“Our three-seater couch was too bulky for our new home,” says Dorothy. “Rather than get rid of it and buy a new one, John removed the middle to convert it into a two-seater which fits perfectly. We even sold the centre seat later on eBay.”

John and Dorothy Chiron, Selandra Rise Retirement Village

Find out how to make downsizing a breeze



## The secret to a healthy, happy retirement

According to Dan Buettner, living in a Blue Zone is pretty high up on the list. What's a Blue Zone you ask? Blue Zones are areas of the world where people seem to live long, energetic, joyful, thriving lives.

Great news, our villages stack up pretty well next to the Blue Zone hot spots!

### Blue Zone vs Retirement Village living

Okinawa (Japan) is home to the world's oldest women who practice Tai Chi.

We offer a great variety of physical activities, including Tai Chi of course.

The people of Ikaria (Greece), are almost entirely free of dementia while enjoying gardening, dominoes and community.

We provide a great range of activities from gardening to dominoes – and everything in between.

Sardinia (Italy) boasts the world's longest-living men, who enjoy daily walks outside.

Our villages provide ample outdoor space to enjoy daily walks with a healthy dose of sunshine.



If this sounds good to you keep reading!





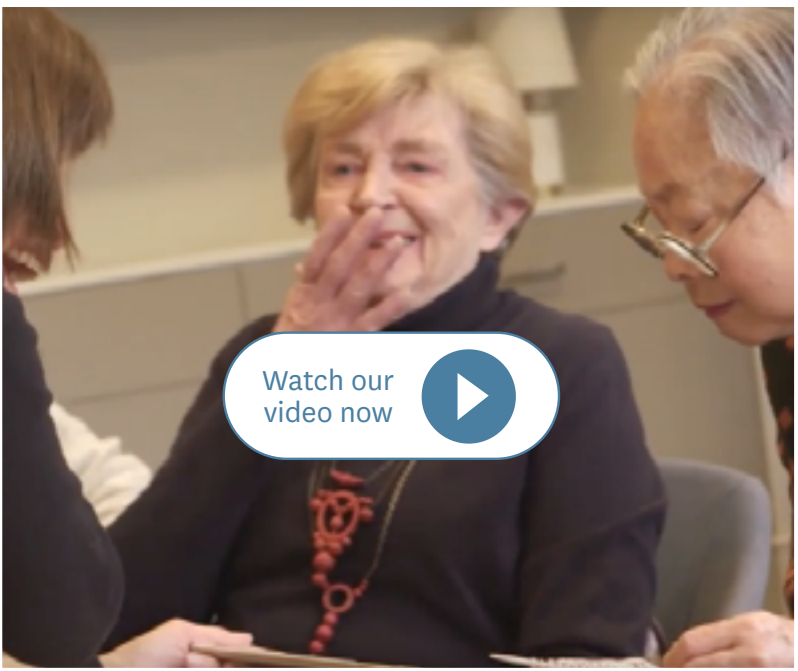
# A sneak peek at village life

Moving into a retirement village is a lifestyle choice, so it's important to look beyond just the bricks and mortar. Watch the video and take a peek at village life in action and see the fun and joy to be had with like-minded people.

**Did you know?**

Five Good Friends are just one of the helpful services available through our Benefits+ program.

[Click here to learn more](#)



Watch our video now



# The freedom of choice at Stockland



We understand that everyone is different, and we want you to find the retirement contract that suits your specific needs. This is exactly why we offer the flexibility of two contract options, empowering you to choose the path that's right for you.

**Did you know?**

"Benefits+ is opening up new opportunities for residents such as health services to enhance wellbeing." Tina, Health and Wellbeing Co-ordinator.

[Click here to learn more](#)

[Find out which contract is right for you](#)

# Comfort, convenience and community



Our Serviced Apartments offer a thoughtfully designed home with the added convenience of extra assistance. With your meals and housekeeping taken care of, you can spend more time with friends and family or doing the things you love.

Whether relaxing in your new residence, or enjoying one of our many group activities while mingling with like-minded people – our Serviced Apartments help set you up for a successful retirement.

Call us on 1800 72 71 70 to find a Stockland Village with Serviced Apartments as a living option near you.

**Did you know?**

We have a diverse range of dedicated in-home care and support partners, providing all the help you need now and in the future right at your fingertips.

[Click here to learn more](#)

[Find out more about our Serviced Apartments](#)



"It's much more than just a cleaning service. We have a regular carer assigned to us and receive help with cleaning, driving, bed making and general household chores."

Doreen and Len Rooney,  
Castle Ridge Retirement Village





## Making your move as easy as 1-2-3

To help make your move into village life as relaxed as possible, we've put together three steps for a positive, joyful transition.

By simply working out your 'to-do' list, and then breaking tasks down into manageable steps, you'll see that moving into your chosen retirement village really can be as easy as 1-2-3!

Discover our 3 easy steps today



## How rightsizing can help you find the perfect fit

Your wants and needs during retirement may be different to what they have been in the past. With this in mind, the type of lifestyle that will best suit this exciting life stage may require you to rightsize. It's all about making the most of your retirement, and enjoying the lifestyle that you've always imagined. Approaching rightsizing through this lens can help you to not only trust, but also have fun with the process.



Check out our top 5 tips here



### Did you know?

We have a huge range of retirement villages throughout Australia, each offering access to fabulous activities that can be enjoyed with your friendly village community.

Find your village



### Did you know?

You can access exclusive discounts with a handpicked selection of wellbeing companies through Benefits+ including Hearing Australia, MPS, Revitalife and more!

Click here to learn more



## How to be a downsizing cheerleader

When loved ones are rearranging life as they transition into retirement, it can bring up strong emotions for them. This is exactly the time for you to dust off those pom poms (figuratively speaking) to encourage, support and reassure them that everything will be ok.

Find out how to become a downsizing cheerleader



### Learn how to:

- Be positive while also maintaining realistic expectations.
- Guide them in the right direction with their finances.
- Help make their new residence feel like home.

## Guess what? Downsizing can be fun

If rewarding yourself for every room that you declutter sounds inviting, then this video is for you! Our downsizing expert, Belinda Woolrych, shares her top five easy-to-follow tips for not only a successful, but an enjoyable experience.

Watch and join in the fun



"The Village Manager brought us a welcome pack on our first day and some of the ladies here brought sandwiches and cake while we started unpacking."

Kay Hunnam,  
Arilla Retirement Village

## **What to do next:**

### **1. Arrange an appointment**

Our Stockland Retirement Villages remain open but viewings are by private consultations only. We also offer virtual appointments and tours of our retirement villages using skype or Facetime. Our team is ready to answer any questions you may have and are happy to arrange an appointment at a time that suits you.

### **2. Find the home that suits you**

Our Sales Professionals can show you the options we have available, to help you pick a home that best suits your lifestyle.

### **3. Reserve your home**

To take the stress out of the whole moving process, you can exclusively reserve your chosen home while you focus on selling your existing property.

### **4. Make your move**

When you're ready, our Sales Professionals will be on hand to make your move into a village as easy as it can be.

**Call us today on 1800 72 71 70**

While every effort is made to provide accurate and complete information, Stockland does not warrant or represent that the information in this article, or any information in the links provided in this article, are free from errors or omissions or is suitable for your intended use. Subject to any terms implied by law and which cannot be excluded, Stockland accepts no responsibility for any loss, damage, cost or expense (whether direct or indirect) incurred by you as a result of any error, omission or misrepresentation in information. Stockland reserves the right to change or amend details as circumstances dictate. This article and the content linked to in this article are subject to disclaimers which they are subject to. These articles may refer to features which are not available for all homes or may vary between homes. Stockland recommends you seek independent legal and financial advice before entering into a contract. Some of the content linked in this article are commissioned by Stockland for publication by Stockland for educational purposes only as well as to give you general information and a general understanding of the topic, and not to provide specific advice for your specific circumstances. Stockland recommends you seek independent legal and financial advice before making any decision. The views, information, thoughts, and opinions expressed in the article are solely those of the Author, and are not necessarily held by Stockland. Stockland has not contributed any of the information in the article and passes it on without endorsing or adopting its content. Published May 2020.



**Stockland**