





ifestyle

Holy Spirit is a premium home offering Dove Plus, a range of lifestyle services for residents to enjoy.



PREMIUM ACCOMMODATION

Holy Spirit is a stunning, architecturally designed Residential Aged Care Home located in the heart of South West Sydney. The home features private bedrooms with ensuites and a dedicated memory support wing for residents living with dementia.

There is a café for residents to enjoy spending time with visitors, a gym, a hairdresser and a chapel. There are physiotherapy and consulting rooms, where our health team can tailor care plans to enrich the health, and wellbeing of residents.

Each wing has been created to nurture a sense of community with warm and inviting indoor and outdoor spaces for residents to enjoy, including, courtyards, lounge rooms and dining areas.

FEATURES AND AMENITIES

- Ensuite bathrooms
- Air conditioning
- Television and telephone
- Gardens, balconies and courtyards
- TV rooms with large screen TVs
- Pastoral, spiritual and wellness care support
- Hairdressing and beauty salon
- Café
- Free Wi-Fi

FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh seasonal produce

DEDICATED MEMORY SUPPORT WING

Our memory support wing has it's own courtyard with vegetable garden beds and benches to relax. Many of the rooms have direct access to the courtyard where the residents can safely enjoy time with their family and friends.

The communal areas are focused on assisting the residents to thrive together and stay involved with the many lifestyle programs that are on offer. Our changing menus reflect the preferences and tastes of the residents living in the Home.

EVENTS AND ACTIVITIES

At your new home, there is a broad range of events, activities and interests to enjoy. Our Lifestyle Coordinators and Recreation Activities Officers are there to help make the most of your time.

These include:

- Art classes
- Music Appreciation
- Pet Visits
- Exercise classes
- Social activities and outings
- Personalised lifestyle activities
- Weekly chapel services and prayer groups
- Activities to support individual cultural and religious practices
- Pastoral, spiritual and wellness care support
- Volunteer programs for friendship, support and social connections
- Playgroup and school children visits to our Home





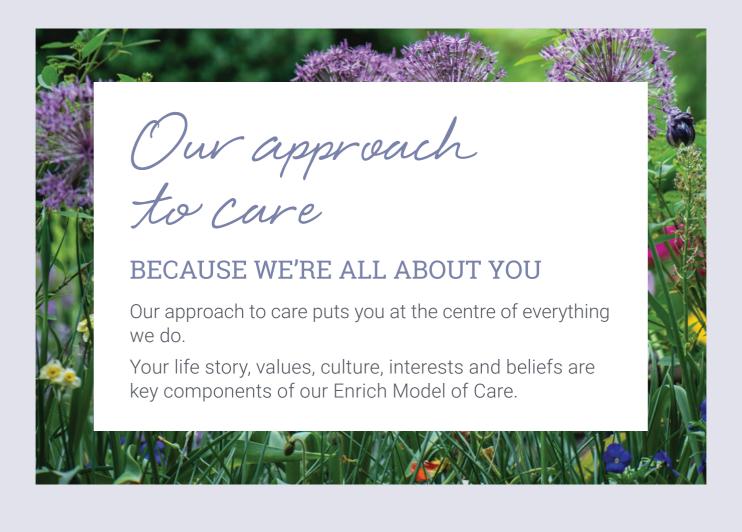


About Catholic Healthcare

Catholic Healthcare has been providing quality aged care for over 25 years. We strive to enhance the lives of our residents, guided by our Values of Compassion, Excellence, Honesty, Hospitality and Respect.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.







Contact us:

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