

Sunnybank Hills

Aged Care Residence



TriCare, where your care comes first

tricare.com.au





"It's like a 5-star hotel with exceptional level of care. I highly recommend TriCare Sunnybank Hills to anyone looking for aged care for their family."

Steven (not pictured)



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Welcome

Sunnybank Hills Aged Care Residence provides the peace of mind you've been looking for.

Nestled in a quiet suburban oasis in Brisbane's south, you'll find quality Aged Care with luxurious comforts. Spacious rooms, a beautiful courtyard and peaceful garden views create a welcoming space you'll be glad to call home.

We provide a caring, family-style atmosphere by prioritising you and your specific needs, so that you can maintain the highest level of independence.

At TriCare's Sunnybank Hills Aged Care Residence, we have everything you need to feel safe, supported, and comfortable.

Thank you for considering Sunnybank Hills Aged Care Residence and our Specialist Care Team.



Our Approach to Aged Care

Our approach is simple. We treat every resident as we would our own family—with care, compassion, and respect.

Family values have underpinned TriCare's approach for over 52 years. You and your loved ones can have peace of mind knowing you'll always receive the best care.

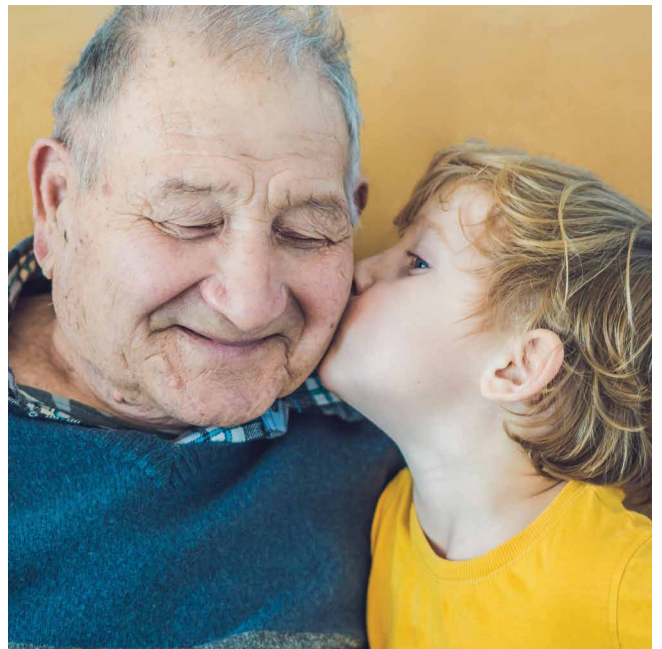
Our residences are purpose-built for the needs of seniors, and our qualified, caring staff meet each resident's individual needs.



Care Options

As we get older, our care needs change. TriCare offers a range of Residential Aged Care options to help meet your needs, now and in the future.

Our Aged Care Residences offer differing levels of support with daily activities, mobility equipment, medication, meals, personal care items, and continence management. We can also help you access other health services.



PERMANENT RESIDENTIAL AGED CARE

Residential Aged Care may be the right choice if you, or a loved one, can no longer live independently at home. If you need some extra help with daily tasks or require 24-hour support, we are here for you.

Our team of dedicated Aged Care professionals help our residents with showering, dressing, continence and medication management, and many other services that encourage independence and positive ageing for as long as possible.

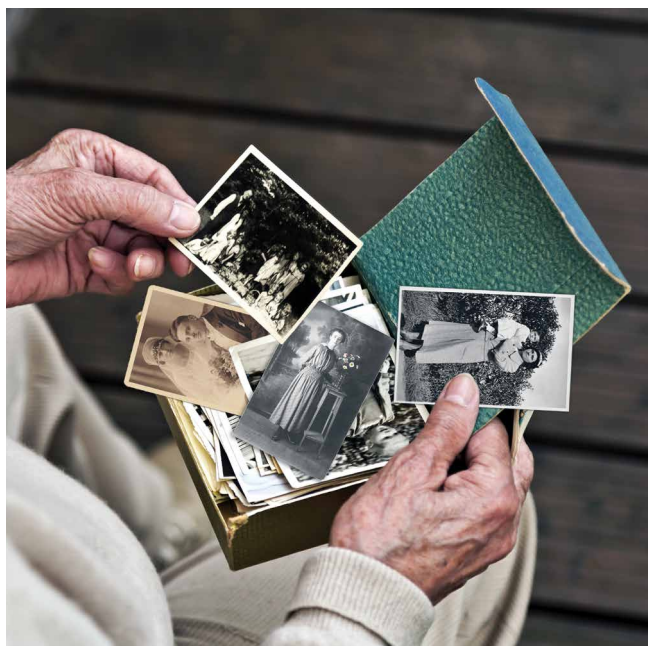
RESPITE CARE

Respite Care is a short-term stay option available to all seniors, most often when your primary carer is unexpectedly unavailable, needs a personal break, or in the event of an emergency. You may also access this support service to trial Residential Aged Care before making a decision.

If you are caring for someone and need a break for any reason, Respite Care is the perfect option. Funding is available through the Australian Government to eligible people for up to 63 days each financial year.

On the journey of life, it's important to have the highest possible level of independence and quality of life, especially when you need more care with day to day tasks.

Our residences have a Clinical Manager, Registered Nurses, and qualified Carers to deliver the care you need to live well, and the support required to keep you feeling engaged and active.



DEMENTIA CARE

Dementia Care supports residents with low to intermediate symptoms of dementia. We assist with personal care, medication management, and other day to day tasks. We provide a supportive, caring atmosphere for people to enjoy their best possible quality of life

Residents in the earlier stages of dementia may have clearer views on their preferences, and we work with them to understand how they would like to be cared for in the future.



PALLIATIVE CARE

Palliative Care can help your loved one live as comfortably as possible after a terminal illness diagnosis. This support can offer families peace of mind during difficult times.

All our residences are equipped to offer this kind of specialised care, and our trained team helps provide the best quality of life by managing symptoms and pain. We strive to honour your loved one in life and in passing.



Resident Services

YOUR EXPERT CARE TEAM

Sunnybank Hills Aged Care Residence is staffed 24 hours a day, seven days a week by dedicated professionals. Our Clinical and Facility Managers, Registered Nurses, qualified Carers, and Lifestyle Coordinators are available to help with whatever you need.

We can help you access health services such as physiotherapy, podiatry, diversional and occupational therapy, speech therapy, GP, dietary and pharmacy services.



Full-time Facility Manager



24/7 Onsite Registered Nurse



Onsite Chef



Lifestyle Coordinator



Hair and Beauty Salon



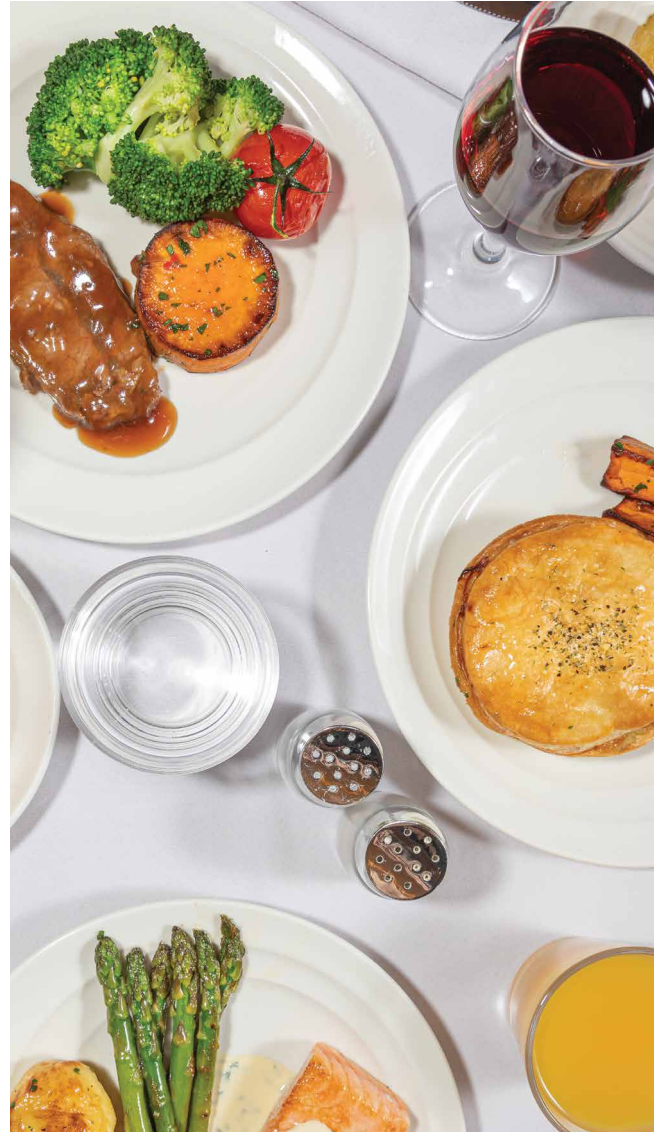
Hydrotherapy Spa Services



Dentist Room



Free Wi-fi



Food and Nutrition

ENJOY FRESH, DELICIOUS MEALS

Our onsite Chef cooks nutritious, restaurant-quality meals daily, using only the freshest produce. We design our seasonal menus in consultation with dietitians and residents to cater for nutritional needs and preferences.

Our refurbished, light-filled dining room is a lively place at mealtimes and an opportunity to connect with others. Your family and friends are also welcome to join you for a meal at any time.



SHARE STUNNING COMMUNAL AREAS

Relax and enjoy tranquil garden surrounds with fellow residents, or read a book in one of our sun-filled lounge rooms.

Our comfortable lounge areas are the perfect places to spend quality time with family and friends or challenge a neighbour to a board game. You could also kick your feet up and enjoy a movie in our very own theatre if that's what you feel like.





Lifestyle activities

HAVE FUN AND STAY ACTIVE

You can choose from our diverse range of lifestyle activities. Our dedicated Lifestyle Coordinator organises and manages a variety of daily activities to keep you active and socially connected.

Make friends and have fun with your choice of group exercises, social events, and community outings. You can join in as little or as much as you like.



Lifestyle Program



Garden Therapy



Music Therapy



Art Therapy



Exercise Therapy



Pet Therapy



Community Outings



Religious Services



Accommodation Options

At TriCare Sunnybank Hills, you will find beautifully appointed accommodations purposely designed for your comfort, privacy and wellbeing.

You are welcome to bring personal items to make your new home more comfortable and familiar, such as family photos, your favourite books, a few quilts and other sentimental possessions.

All rooms are fitted with an emergency call bell for your convenience.

PREMIUM

Our beautifully appointed accommodations are purposely designed for your comfort, privacy and wellbeing.

TriCare Sunnybank Hills offers 100 premium studio apartments with contemporary style and décor. The rooms are approximately 30m², light and airy, displaying floor to ceiling windows, many with gardens views.

They feature private ensuites with walk-in shower, individual climate controlled air conditioning, and open plan design including automated king-single bed, recliner chair, ceiling hoist, plenty of storage, large wall-mounted smart TV and DVD, kitchenette with built-in bar fridge, pantry and desk.



Location

SET IN A CONVENIENT LOCATION

Sunnybank Hills Aged Care Residence is centrally located within easy walking distance of a neighbouring café, tavern, bakery, restaurant, pizzeria and medical centre. Direct access to public transport and proximity to Calamvale Central and Sunnybank Hills Shopping Town make it easy to get out and about to enjoy more shops and services. The Sunnybank Private and the QEII Hospitals are a quick 10-minute drive

All the services and amenities you or your visitors may need are close by, including hospitals and medical specialists. Enjoy shopping, cafes and entertainment at Sunnybank Hills Shoppingtown or Westfield Garden City.

AMENITIES CLOSE BY

Calamvale Central	3.1km
Sunnybank Hills Shoppingtown	4.2km
Sunnybank Private Hospital	4.4km
QEII Jubilee Hospital	5.8km
Westfield Garden City	7.8km

330 Jackson Road, Sunnybank Hills, QLD 4109

sunnybankhillsacr@tricare.com.au

Residence: 07 3276 9000

Admissions: 1300 874 2273



About TriCare

OUR REPUTATION FOR QUALITY

Sunnybank Hills Aged Care Residence was designed and developed by TriCare, a family-owned and operated business. Our team manages this community to provide Aged Care living at the highest standard.

Established more than 52 years ago, TriCare is a recognised leader in retirement living and Aged Care across Queensland, New South Wales, and Victoria.

We provide dedicated services to more than 2900 residents every year.

At TriCare, you come first.



Experience the TriCare Difference



FINANCIAL TRANSPARENCY

We'll work with you to make the financial details easy to understand, from your initial inquiry to moving in and out.



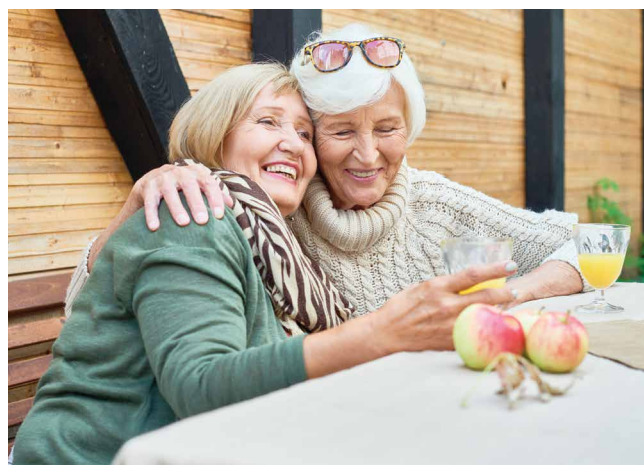
COMMUNITY CULTURE

We respect and support an inclusive and diverse culture. We welcome everyone, regardless of gender, race, faith, sexual orientation, and all other identities represented in our community.



CONSTANT IMPROVEMENT

We encourage all residents to take part in decision-making. We want you to tell us what we're doing right and what you'd love to see offered.



ONGOING SUPPORT

If your needs change, we're here to help you live as independently as possible.

Thank you for considering Sunnybank Hills
Aged Care Residence as your new home.
We look forward to welcoming you.

Call now for a free consultation with one of our
Aged Care Specialists or **CLICK HERE** to Book a Tour
