

CHURCHES
of CHRIST



Always feel at home.

New friends and quality care await you.

PALMS 
AGED CARE



Your new home at Palms.

There's nothing quite like the feeling of home. It's where you feel warmth, love, joy and peace. And that's exactly how you'll feel in your new home at Palms.

Here you won't just be moving into a home but a caring community with like-minded residents and supportive staff that will make you feel at home from day one.

When you join us, you'll appreciate:

- Personalised, individual care
- A care team that truly cares
- A community of residents at a similar life stage
- Lovely, safe surroundings
- No hidden costs
- A range of activities to enjoy

Types of care

A range of specialised care options are available.

We provide:

- Residential aged care
- Respite care
- Palliative care
- Dementia care
- Pastoral care

Surrounding your home

Palms Aged Care is located in Ingham, a tropical town surrounded by World-Heritage listed rainforests and some of Australia's most beautiful natural wonders.

At Palms you can enjoy the quiet country lifestyle while staying close to important amenities such as local shops, eateries and medical services.

Some of the features that will make you feel at home include:

- Beautiful gardens and outdoor sitting areas
- Delicious meals prepared on site
- Resident hairdresser
- Comfortable lounge and dining spaces
- Social activities and group outings



Your room inclusions

You'll feel right at home and have plenty of space to personalise your room.

Depending on your needs, rooms include:



Private ensuite



Reverse cycle air-conditioning and heating



Electric bed and bedside table



Wardrobe



Arm chair



Windows offering natural light



Telephone point



24/7 nurse care

Lifestyle and activities program

With input from our residents, we've created a fun, inspiring program to encourage social connection and an active lifestyle.

Together, the residents and staff celebrate birthdays, special occasions, and cultural events.

Some activities include:

- Scenic day trips
- Fitness classes
- Arts and crafts
- Puzzles and quizzes
- Movies
- Cooking groups
- Carpet bowls
- Church services

If there are activities you'd like to try, our staff are always happy to help wherever possible.

Positive wellbeing model of care

You can rest assured the care of every resident at Palms Aged Care is based on a holistic approach to bring hope and dignity to every day.

We base our care on five key principles:

> Inclusion

You'll experience a sense of belonging with us.

> Comfort

You'll feel physically, spiritually and emotionally comfortable.

> Purpose

Your day is busy, filled with a variety of activities.

> Connection

You'll be safe and secure in our community.

> Identity

You're known and valued for your individuality, your preferences and personality.

At Palms Aged Care, you'll find a warm and caring community to welcome you home.



Palms Aged Care

Our homes are where we feel most content and as we get older that shouldn't have to change. When you make the move to care, even if it's just for a short time, we'll do everything we can to make sure you always feel at home. Our supportive caring staff are waiting to welcome you to our warm community.

New friends and quality care await you.

Palms Aged Care
59 Sir Arthur Fadden Parade, Ingham Qld 4850

Let's start the conversation today.
Call **07 4776 9600**
or visit **cofc.com.au**

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