

CHURCHES
of CHRIST



**Always feel
at home.**

New friends and quality care await you.

TOOWOOMBA 
AGED CARE



Your new home at Toowoomba.

There's nothing quite like the feeling of home. It's where you feel warmth, love, joy and peace. And that's exactly how you'll feel in your new home at Toowoomba.

Here you won't just be moving into a home but a caring community with like-minded residents and supportive staff that will make you feel at home from day one.

When you join us, you'll appreciate:

- Personalised, individual care
- A care team that truly cares
- A community of residents at a similar life stage
- Lovely, safe surroundings
- No hidden costs
- A range of activities to enjoy

Types of care

A range of specialised care options are available.

We provide:

- Residential aged care
- Respite care
- Dementia care
- Palliative care
- Pastoral care

Surrounding your home

Toowoomba Aged Care is located on the southern side of Toowoomba. Catch up with family at the onsite café, enjoy our lush gardens, or try some gentle exercise in our onsite gym.

We also offer retirement living onsite, enabling couples to remain connected if one partner requires a higher level of care.

Some of the features that will make you feel at home include:

- Beautiful courtyard gardens and outdoor sitting areas
- Delicious meals prepared on site
- Onsite salon
- In-house physio
- Comfortable lounge and dining spaces
- Social activities and group outings
- Access to allied health services



Your room inclusions

You'll feel right at home and have plenty of space to personalise your room.

Depending on your needs, rooms include:

-  Private ensuite
-  Reverse cycle air-conditioning and heating
-  Electric bed and bedside table
-  Wardrobe
-  Chair
-  Windows offering natural light
-  Telephone point
-  24/7 nurse care

Lifestyle and activities program

With input from our residents, we've created a fun, inspiring program to encourage social connection and an active lifestyle. Together, the residents and staff celebrate birthdays, special occasions, and cultural events.

Some activities include:

- Scenic day trips
- Resident run market stalls
- Fitness classes
- Tai Chi and Yoga
- Mens shed
- Mr Frosty ice cream
- Arts and crafts
- Puzzles and quizzes
- Movies and carpet bowls
- Cooking groups
- Church services

If there are activities you'd like to try, our staff are always happy to help wherever possible.

Positive wellbeing model of care

You can rest assured the care of every resident at Toowoomba Aged Care is based on a holistic approach to bring hope and dignity to every day.

We base our care on five key principles:

- > **Inclusion**
You'll experience a sense of belonging with us.

- > **Comfort**
You'll feel physically, spiritually and emotionally comfortable.

- > **Purpose**
Your day is busy, filled with a variety of activities.

- > **Connection**
You'll be safe and secure in our community.

- > **Identity**
You're known and valued for your individuality, your preferences and personality.

At Toowoomba Aged Care, you'll find a warm and caring community to welcome you home.



Toowoomba Aged Care

Our homes are where we feel most content and as we get older that shouldn't have to change. When you make the move to care, even if it's just for a short time, we'll do everything we can to make sure you always feel at home. Our supportive caring staff are waiting to welcome you to our warm community.

New friends and quality care await you.

Toowoomba Aged Care
885 Ruthven Street, Toowoomba Qld 4350

Let's start the conversation today.
Call **07 4617 6600**
or visit **cofc.com.au**

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