

CHURCHES
of CHRIST



Always feel at home.

New friends and quality care await you.

OAK
TOWERS
AGED CARE



Your new home at Oak Towers.

There's nothing quite like the feeling of home. It's where you feel warmth, love, joy and peace. And that's exactly how you'll feel in your new home at Oak Towers.

Here you won't just be moving into a home but a caring community with like-minded residents and supportive staff that will make you feel at home from day one.

When you join us, you'll appreciate:

- Personalised, individual care
- A care team that truly cares
- A community of residents at a similar life stage
- Lovely, safe surroundings
- No hidden costs
- A range of activities to enjoy

Types of care

A range of specialised care options are available.

We provide:

- Residential aged care
- Respite care
- Dementia care
- Palliative care
- Pastoral care

Surrounding your home

Located in Oakleigh, just 14 km south-east of Melbourne's CBD, Oak Towers Aged Care offers a tranquil setting in the suburbs. Cuddle up with one of our live-in pets, enjoy time in the courtyard gardens, or catch a bus right by our entrance to get to local amenities. Our Grant Street Retirement Village is also a short walk away, enabling couples to remain connected if one partner requires a higher level of care.

Some of the features that will make you feel at home include:

- Beautiful courtyard gardens and outdoor sitting areas
- Delicious meals prepared on site
- On-site salon
- Comfortable lounge and dining spaces
- Social activities and group outings
- Community pets
- Pain management clinic
- Service bus



Your room inclusions

You'll feel right at home and have plenty of space to personalise your room.

Depending on your needs, rooms include:



Private ensuite



Reverse cycle air-conditioning and heating



Electric bed and bedside table



Wardrobe



Chair



Lockable drawer



Windows offering natural light



Telephone point



24/7 nurse care

Lifestyle and activities program

With input from our residents, we've created a fun, inspiring program to encourage social connection and an active lifestyle.

Together, the residents and staff celebrate birthdays, special occasions, and cultural events.

Some activities include:

- Day trips to shops
- Pet therapy
- Fitness classes
- Arts and crafts
- Puzzles and quizzes
- Movies
- Cooking groups
- Carpet bowls
- Church services

If there are activities you'd like to try, our staff are always happy to help wherever possible.

Positive wellbeing model of care

You can rest assured the care of every resident at Oak Towers Aged Care is based on a holistic approach to bring hope and dignity to every day.

We base our care on five key principles:

> Inclusion

You'll experience a sense of belonging with us.

> Comfort

You'll feel physically, spiritually and emotionally comfortable.

> Purpose

Your day is busy, filled with a variety of activities.

> Connection

You'll be safe and secure in our community.

> Identity

You're known and valued for your individuality, your preferences and personality.

At Oak Towers Aged Care, you'll find a warm and caring community to welcome you home.



Oak Towers Aged Care

Our homes are where we feel most content and as we get older that shouldn't have to change. When you make the move to care, even if it's just for a short time, we'll do everything we can to make sure you always feel at home. Our supportive caring staff are waiting to welcome you to our warm community.

New friends and quality care await you.

Oak Towers Aged Care
139 Atherton Road, Oakleigh Victoria 3166

Let's start the conversation today.
Call **03 8574 400**
or visit **cofc.com.au**

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