

CHURCHES
of CHRIST



**Always feel
at home.**

New friends and quality care await you.

ROCKINGHAM 
AGED CARE



Your new home at Rockingham.

There's nothing quite like the feeling of home. It's where you feel warmth, love, joy and peace. And that's exactly how you'll feel in your new home at Rockingham.

Here you won't just be moving into a home but a caring community with like-minded residents and supportive staff that will make you feel at home from day one.

When you join us, you'll appreciate:

- Personalised, individual care
- A care team that truly cares
- A community of residents at a similar life stage
- Lovely, safe surroundings
- No hidden costs
- A range of activities to enjoy

Types of care

A range of specialised care options are available.

We provide:

- Residential aged care
- Respite care
- Dementia
- Palliative care
- Pastoral care

Surrounding your home

Located in Cardwell on the northern shores of Rockingham Bay, this aged care service has the beach front right on its doorstep. Enjoy the sea breeze from our tropical gardens and beachside pathways, or everything the small community focused town has to offer including shops, and a number of cafes and restaurants. We also offer retirement living onsite, enabling couples to remain connected if one partner requires a higher level of care.

Some of the features that make Rockingham Aged Care feel like home include:

- Beautiful courtyard gardens and outdoor sitting areas
- Delicious meals prepared on site
- On-site salon
- Comfortable lounge and dining spaces
- Social activities and group outings
- Community pets



Your room inclusions

You'll feel right at home and have plenty of space to personalise your room.

Depending on your needs, rooms include:

-  Private ensuite
-  Reverse cycle air-conditioning and heating
-  Electric bed and bedside table
-  Wardrobe
-  Arm Chair
-  Windows offering natural light
-  Telephone point
-  24/7 nurse care

Lifestyle and activities program

With input from our residents, we've created a fun, inspiring program to encourage social connection and an active lifestyle.

Together, the residents and staff celebrate birthdays, special occasions, and cultural events.

Some activities include:

- Scenic day trips
- Fitness classes
- Arts and crafts
- Puzzles and quizzes
- Movies
- Cooking groups
- Carpet bowls
- Church services

If there are activities you'd like to try, our staff are always happy to help wherever possible.

Positive wellbeing model of care

You can rest assured the care of every resident at Rockingham Aged Care is based on a holistic approach to bring hope and dignity to every day.

We base our care on five key principles:

- > **Inclusion**
You'll experience a sense of belonging with us.

- > **Comfort**
You'll feel physically, spiritually and emotionally comfortable.

- > **Purpose**
Your day is busy, filled with a variety of activities.

- > **Connection**
You'll be safe and secure in our community.

- > **Identity**
You're known and valued for your individuality, your preferences and personality.

At Rockingham Aged Care, you'll find a warm and caring community to welcome you home.



Rockingham Aged Care

Our homes are where we feel most content and as we get older that shouldn't have to change. When you make the move to care, even if it's just for a short time, we'll do everything we can to make sure you always feel at home. Our supportive caring staff are waiting to welcome you to our warm community.

New friends and quality care await you.

Rockingham Aged Care
40 Jamieson Street, Cardwell Qld 4849

Let's start the conversation today.
Call 07 4066 4200
or visit cofc.com.au

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