



The Terraces

Residential Care



Key Features Statement
July – September 2024



74 Brown Street, Paddington

The Terraces residential aged care home, located in Paddington in Sydney's Eastern Suburbs is a stunning, interior-designed, purpose-built home. Opening in 2019, The Terraces is situated less than 500 metres to St. Vincent's Hospital, is within five minutes' walking distance to shops, cafés and galleries and in close proximity to Rushcutters Bay.

- Accommodation for 100 residents, including a memory support unit
- A mix of private and shared bedrooms
- Various lounge, dining and activity spaces
- In-house chefs prepare meals daily
- On-site café
- Landscaped parks and gardens
- The memory support unit has accommodation for 23 residents, with a private secure garden for residents to freely and safely enjoy the outdoors

Palliative care

- If required palliative care is available

Respite care

- Emergency respite: subject to availability

Rhythm of Life®

At Anglicare we believe person-centred care is the foundation of quality aged care and that there is no ‘one size fits all’ solution when it comes to giving you the support you need.

It's not about fitting into our routine, but rather maintaining your own along with your independence and choice on how you would like to live every day. We believe you should receive personalised care that considers your past, your interests, and your preferences.

That is why we have developed a unique program called Rhythm of Life®. Below are the eight principles of Rhythm of Life® that guide everything we do in our residential care homes to empower you to make informed decisions and enrich your quality of life.

Everybody



Your story is unique.



You deserve honour and respect.



You will be supported to make decisions relating to your life.



You will be encouraged to maintain and develop relationships that are meaningful.



You will be provided with holistic care that meets your individual needs.



You will be supported to feel safe, comfortable, welcome and ‘at home’.



You will have your needs and preferences acknowledged and valued.



You will be shown the love of Jesus.

Common areas

Café

- Full service cafe is open Monday to Saturday
- Monday – Friday open from 8:30am to 3pm
- Saturday open from 8:30am to 1:00pm

Lounge and sitting areas

- Shared lounge area located in the foyer
- Resident and guest lounge areas conveniently located on levels 4, 5 and 6





Common areas (continued)

Dining areas

- Resident and guest dining areas conveniently located on each level

Activity Space

- Large, adaptable space is available for activities such as: chapel, entertainment and various health and wellness activities, and various resident community, health and wellness events

Beautician and hairdresser

- The hairdresser is available on Tuesdays and Fridays
- The beautician is available on Wednesdays

Outdoor areas

- Beautifully landscaped parks and gardens surround the home
- A private, secure garden is accessible from the memory support unit



Private or shared rooms



Each room features built in cabinetry and thoughtful design features.

Quality, condition, size and amenity

- Adjustable bed
- Built-in robe
- Lockable bedside table
- Couples accommodation
- Over-bed table
- Wall-mounted SMART television
- Emergency call button

Design Features

- Wide door openings and wheelchair accessible bathrooms
- Selected rooms with private balconies

Bathroom

- Private and shared bathrooms
- Wheelchair accessible with handrails
- Shower chairs as required
- Emergency call button

Number of residents per room

- Single room – one
- Shared room – two

Memory Support Rooms

- Swipe cards provide security in memory support unit
- Rooms located on level 3
- Access to a secure private garden area

Additional services

Anglicare offers higher standards of hospitality services for residents. For an additional daily payment, residents receive access to an additional range of services provided over and above those listed in the previous Care and Services section. These include, but are not limited to:

Enhanced Dining Experience

- On-site Chef overseeing resident dining experience
- Hot cooked breakfast daily with extended hours
- Extensive lunch menu – choice of at least two main courses, other options including soups, salads, light meals, sandwiches & dessert
- The option of an alcoholic beverage with meals
- Variety of dinner choices – hot meal, soups, salads, sandwiches & selection of light meals
- Resident Snack Bar 24/7
- After-hours menu available upon request
- BBQs &/or special occasion meals in addition to routine social & cultural meals & events
- Happy hour
- Choice of dining venues
- Moulded food for pureed diets
- Treat and beverage cart





Additional services (continued)

Room Extras

- King single electric bed
- Filtered water jug daily
- Private telephone with local, national and calls to mobiles
- Flat screen SMART TV in resident room

Entertainment and Technology

- WiFi internet for residents & their visitors (up to 3 devices)
- CareApp to connect residents, carers and families
- iPads/Tablets for resident use
- Evoke® TV & Radio channels available in resident's room
- Pay TV in common areas

Wellbeing & Social Activities*

- Musical playlist for residents – available on request
- Exercise sessions
- Live entertainment
- Animal and pet visits
- Armchair travel sessions
- Art therapy sessions
- Professionally printed clothing labels
- Capital Guardians account
- Bus outings – some lunches or ticket charges at additional cost to resident
- Church to you
- On-site Chaplain
- Access to daily newspapers and weekly magazines
- Private exercise session 2 hours weekly.
- Hair stylist monthly
- Beautician monthly
- Birthday celebration

All new residents are charged the daily Additional Services fee** as a condition of entry. This is a package, and individual services are not offered separately.

Residents paying the Additional Services fee are reviewed regularly (or as requested by the resident or person responsible) for their ability to access and benefit from the Additional Services.

Full details are in the Resident Agreement.

* All activities subject to public health orders

** Additional Services fee is outlined on the pricing page for each home

Pricing

Room types

Room type	Number of rooms	Size (m²)	Description
Standard room	5	24 – 25.8	Single room with shared bathroom (level 4,5)
Shared room	12	24 – 33.8	Shared room with shared bathroom (level 4,5)
Group B	26	24 – 34.2	Single room with private ensuite (level 4,5)
Group C	23	24	Single room with private ensuite (level 3)
Group D	22	24 – 26.6	Single room with private ensuite (level 6)

Payment options

Residents can choose to pay for their accommodation by a refundable accommodation deposit (RAD), a daily accommodation payment (DAP), or a combination of both.

A RAD is paid as a lump sum amount.
A DAP accrues daily and is paid periodically, for example fortnightly.

A combination payment includes both a partial lump sum (RAD) and daily payments (DAP).

Where a resident doesn’t pay the RAD in full, they can elect to have their DAP deducted from their contribution. Where this occurs, the amount of DAP will gradually increase as their contribution decreases. As the RAD contribution decreases, the resident may be required to make a further contribution if the deductions are to continue.

Pricing

Room type	Aged care pricing commissioner approved*	Maximum refundable accommodation deposit (RAD)	Maximum daily accommodation payment (DAP)**	10% RAD	90% DAP
Standard room	Yes	\$550,000	\$125.97	\$55,000	\$113.38
Shared room	Yes	\$550,000	\$125.97	\$55,000	\$113.38
Group B	Yes	\$865,284	\$198.19	\$86,528	\$178.37
Group C	Yes	\$936,931	\$214.60	\$93,693	\$193.14
Group D	Yes	\$1,212,500	\$277.71	\$121,250	\$249.94

Additional Services Fee*** – \$67 per day or \$5.95 per day for fully supported residents

* Applicable to accommodation valued over \$550,000

** DAP prices subject to change quarterly to align with government quarterly interest rate changes

*** For new residents entering the residential care home from July 2023, the Additional Service Fee will be indexed on an annual basis in July of each year based on the CPI increase for the previous year. This applies to all fully and partially supported residents.



Anglicare

For more information please contact us.

anglicare.org.au/agedcare

1300 111 278