

Goodhew Gardens & Bay Breeze

Residential Care



Key Features Statement
July – September 2024





Goodhew Gardens: 2 Alexander Ave, Taren Point Bay Breeze at Goodhew Gardens: 25F Bay Road, Taren Point

Goodhew Gardens is a well-established home located within Anglicare's Woolooware Shores Village in Sydney's Sutherland Shire.

Bay Breeze is a brand new residential aged care home located in the new section of the village. It combines the supportive community feel of a smaller home with the care and lifestyle benefits offered by the experienced Goodhew Gardens team. Bay Breeze also provides a selection of rooms for residents requiring memory support.

- Thoughtfully designed to support the delivery of person-centred care
- Attractive and spacious accommodation with high quality furnishings and fittings
- Residents live in small community groups, each with its own spacious lounge and dining areas
- Chaplains providing pastoral care, church services and other fellowship activities
- Nursing staff are available 24 hours a day
- A dedicated life enrichment team facilitates daily and regular activities for residents including clubs, groups, and outings

Palliative care

• If required palliative care is available

Respite care

• Emergency respite: subject to availability

Rhythm of Life®

At Anglicare we believe person-centred care is the foundation of quality aged care and that there is no 'one size fits all' solution when it comes to giving you the support you need.

It's not about fitting into our routine, but rather maintaining your own along with your independence and choice on how you would like to live every day. We believe you should receive personalised care that considers your past, your interests, and your preferences.

That is why we have developed a unique program called Rhythm of Life[®]. Below are the eight principles of Rhythm of Life[®] that guide everything we do in our residential care homes to empower you to make informed decisions and enrich your quality of life.

Everybody



Has a unique story.



Deserves honour and respect.



Will be supported to make decisions relating to their life.



Will be encouraged to maintain and develop relationships that are meaningful.



Will be provided with holistic care that meets their individual needs.



Will be supported to feel safe, comfortable, welcome and 'at home'.



Will have their needs and preferences acknowledged and valued.



Will be shown the love of Jesus.

Common areas

Activities room / Chapel

- Located on the ground floor of each building
- Equipped with audio-visual system

Café / Coffee cart

- Goodhew Gardens has a volunteeroperated coffee shop, 'Sunshine Café' adjacent to the lobby
- Bay Breeze has a coffee cart located in the lobby
- Services provided will include a fee

Consulting / Physiotherapy rooms

• Located on ground floor of each building

Dining areas

- Each resident community area has its own kitchen/dining space
- Tables and chairs in different configurations enable residents to choose to dine on their own or with others
- Large windows provide plenty of natural light
- An accessible toilet with call button is provided close by



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Common areas (continued)

Gardens

- Both buildings are set within the extensive landscaped garden surrounds of Woolooware Shores
- The surrounds feature flat walking paths, paved areas, seating, secure fencing and external lighting

Hairdressing salon

- Located on the ground floor of each building
- Services provided will include a fee

Laundries

- Each resident community area has a fully equipped laundry for residents to do their personal laundry if they wish
- Otherwise, laundry is done by staff at our on-site laundry facility

Lounge and sitting areas

- Each resident community has its own lounge area with couches and chairs sufficient for all residents in the area
- Lounge areas include large flat-screen televisions, magazines, books and DVDs
- There are also smaller sitting areas for quiet pursuits

Terrace and outdoor areas

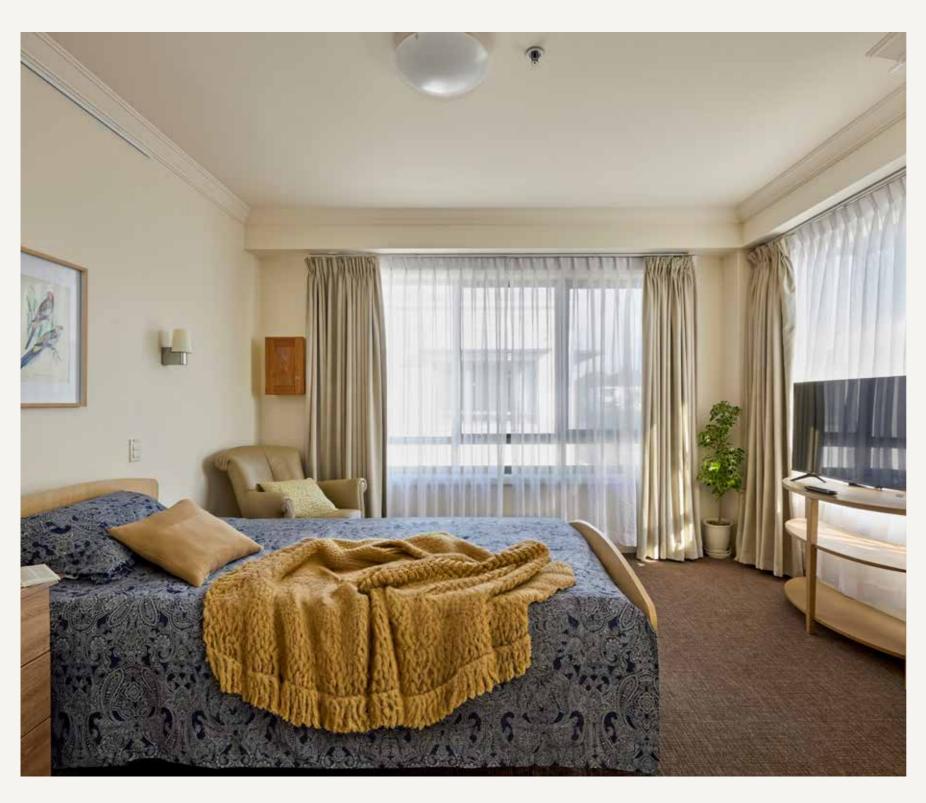
 Each area has a number of outdoor terrace areas with outdoor furniture for residents and their guests to enjoy





Private rooms





Each private room features built in cabinetry, ensuite bathroom and thoughtful design features.

Quality, condition, size and amenity

- Single electric bed
- Bed coverings, including sheets, pillows and bed spread.
 Residents are welcome to bring their own.
- Built-in cabinetry with shelving, hanging space, lockable drawer, display shelving
- Space for bar fridge. Some rooms include small kitchenette
- Wall-mounted SMART television
- Computer connection
- Air conditioning
- Windows with block-out and sheer curtains
- Emergency call buttons

Design Features

- Layout is designed to minimise travel distance for residents
- Access codes provide security in dementia-friendly areas

Bathroom

- Tile flooring and walls
- Wheelchair accessible with grip rails next to the toilet and shower as required
- Vanity area with bench space and storage
- Emergency call button

Number of residents per room

• One

Additional services

Anglicare offers higher standards of hospitality services for residents. For an additional daily payment, residents receive access to an additional range of services provided over and above those listed in the previous Care and Services section. These include, but are not limited to:

Enhanced Dining Experience

- Hot cooked breakfast daily with extended hours
- Extensive lunch menu choice of at least two main courses, other options including soups, salads, light meals, sandwiches & dessert
- The option of an alcoholic beverage with lunch
- Variety of dinner choices hot meal, soups, salads, sandwiches & selection of light meals
- Resident Snack Bar 24/7
- After-hours menu available upon request
- BBQs &/or special occasion meals in addition to routine social & cultural meals & events
- Happy hour
- Choice of dining venues
- Moulded food for pureed diets



Additional services (continued)

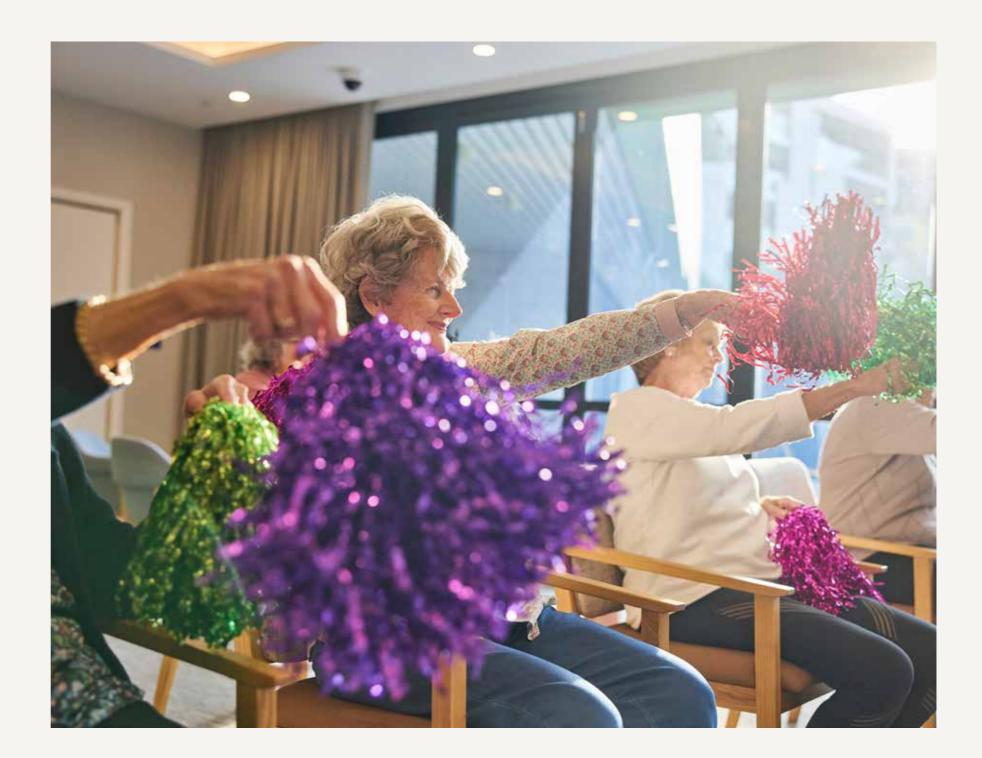
Technology and Engagement

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- WiFi internet for residents & their visitors (up to 3 devices)
- CareApp to connect residents, carers and families
- Tovertafel interactive technology for enhancing cognitive and memory support
- BrainTrainerPlus™ digital experience to encourage active minds
- iPads/Tablets for resident use
- Wall mounted SMART TV in resident rooms
- Robotic therapy animal
- Evoke® TV & Radio channels available in resident's room

Lifestyle and Interests*

- Musical playlist for residents available on request
- Exercise sessions
- Live entertainment
- Animal and pet visits
- Armchair travel sessions
- Art therapy sessions
- On-site gym/physiotherapy room
- Professionally printed clothing labels
- Capital Guardians account
- Bus outings some lunches or ticket charges at additional cost to resident
- Church to you
- On-site Chaplain



All new residents are charged the daily Additional Services fee** as a condition of entry. This is a package, and individual services are not offered separately.

Residents paying the Additional Services fee are reviewed regularly (or as requested by the resident or person responsible) for their ability to access and benefit from the Additional Services.

Full details are in the Resident Agreement.

^{*} All activities subject to public health orders

^{**} Additional Services fee is outlined on the pricing page for each home

July - September 2024

Pricing

Room types

| 3,000 | | | | | | |
|-----------|-----------------|-------------|---|--|--|--|
| Room type | Number of rooms | Size (m²) | Description | | | |
| А | 10 | 24.8 | Standard private room with private ensuite on Level 2 with restricted views | | | |
| В | 99 | 24.8 | Standard private room with private ensuit on Level 1 or 2 | | | |
| С | 10 | 24.8 | Standard private room with private ensuite on level 2 with northeast aspect and expansive water views | | | |
| D | 2 | 23.5 | Standard private room with private ensuite with direct access to the terrace | | | |
| E | 1 | 23.5 | Standard private room with private ensuite with enhanced views and direct access to a private terrace | | | |
| F | 1 | 23.5 | Standard private room with private ensuite with water view and direct access to a private terrace | | | |
| G | 24 | 24.3 | Standard private room with private ensuite on Level 2 or 3 of Bay Breeze | | | |
| Н | 8 | 29.4 - 31.1 | Larger private room with private ensuite or Level 2 or 3 of Bay Breeze | | | |
| I | 16 | 32.3 | Larger private room with private ensuite and balcony on Level 1 of Bay Breeze | | | |
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Payment options

Residents can choose to pay for their accommodation by a refundable accommodation deposit (RAD), a daily accommodation payment (DAP), or a combination of both.

A RAD is paid as a lump sum amount. A DAP accrues daily and is paid periodically, for example fortnightly.

A combination payment includes both a partial lump sum (RAD) and daily payments (DAP).

Where a resident doesn't pay the RAD in full, they can elect to have their DAP deducted from their contribution. Where this occurs, the amount of DAP will gradually increase as their contribution decreases. As the RAD contribution decreases, the resident may be required to make a further contribution if the deductions are to continue.

Pricing

| Room type | Aged care pricing commissioner approved* | Maximum refundable accommodation deposit (RAD) | Maximum daily accommodation payment (DAP)** | 10% RAD | 90% DAP |
|-----------|--|--|---|-----------|----------|
| А | Yes | \$730,000 | \$167.20 | \$73,000 | \$150.48 |
| В | Yes | \$780,000 | \$178.65 | \$78,000 | \$160.79 |
| С | Yes | \$950,000 | \$217.59 | \$95,000 | \$195.83 |
| D | Yes | \$830,000 | \$190.10 | \$83,000 | \$171.09 |
| E | Yes | \$980,000 | \$224.46 | \$98,000 | \$202.01 |
| F | Yes | \$1,150,000 | \$263.40 | \$115,000 | \$237.06 |
| G | Yes | \$850,000 | \$194.68 | \$85,000 | \$175.22 |
| Н | Yes | \$1,000,000 | \$229.04 | \$100,000 | \$206.14 |
| I | Yes | \$1,100,000 | \$251.95 | \$110,000 | \$226.75 |
| | | | | | |

Additional Services Fee*** – \$41.50 per day or \$5.95 per day for fully supported residents

^{*} applicable to accommodation valued over \$550,000

 $^{^{**}}$ DAP prices subject to change quarterly to align with government quarterly interest rate changes

^{***} For new residents entering the residential care home from July 2023, the Additional Service Fee will be indexed on an annual basis in July of each year based on the CPI increase for the previous year. This applies to all fully and partially supported residents.



For more information please contact us.

anglicare.org.au/agedcare 1300 111 278