



Jean Ross House

Residential Care



Key Features Statement
July – September 2024



189 Old Southern Road, South Nowra

Jean Ross House is located in the Shoalhaven district with the Shoalhaven River and many popular natural and cultural features. It is 3.2 kms to Nowra Private Hospital and 7 kms to Shoalhaven District Memorial Hospital.

- Set on approximately six acres with beautiful, landscaped gardens
- Accommodation for 60 residents
- Each room looks out onto a garden or courtyard
- Living areas feature home-like décor and large windows
- Nursing staff are available 24 hours a day
- Chaplains providing pastoral care, church services and other fellowship activities
- A dedicated life enrichment team facilitates daily and regular activities for residents with clubs, groups and outings

Palliative care

- If required palliative care is available

Respite care

- Emergency respite: subject to availability

Rhythm of Life[®]

At Anglicare we believe person-centred care is the foundation of quality aged care and that there is no ‘one size fits all’ solution when it comes to giving you the support you need.

It’s not about fitting into our routine, but rather maintaining your own along with your independence and choice on how you would like to live every day. We believe you should receive personalised care that considers your past, your interests, and your preferences.

That is why we have developed a unique program called Rhythm of Life[®]. Below are the eight principles of Rhythm of Life[®] that guide everything we do in our residential care homes to empower you to make informed decisions and enrich your quality of life.

Everybody



Has a unique story.



Will be provided with holistic care that meets their individual needs.



Deserves honour and respect.



Will be supported to feel safe, comfortable, welcome and ‘at home’.



Will be supported to make decisions relating to their life.



Will have their needs and preferences acknowledged and valued.



Will be encouraged to maintain and develop relationships that are meaningful.



Will be shown the love of Jesus.

Common areas

Dining & Activities room / Chapel

- Large well-appointed dining room
- Meals are prepared on-site from locally sourced seasonal produce
- This room also provides ample space for our extensive activities program which includes music, bingo, ballroom dancing and singalongs
- Chapel services are held in this room each week

Hairdressing salon

- Hairdressing services are provided free by our volunteers

Living areas

- Each wing has a comfortable lounge with television and reading nook
- Living areas open onto an outdoor courtyard edged by garden leading to bush surrounds

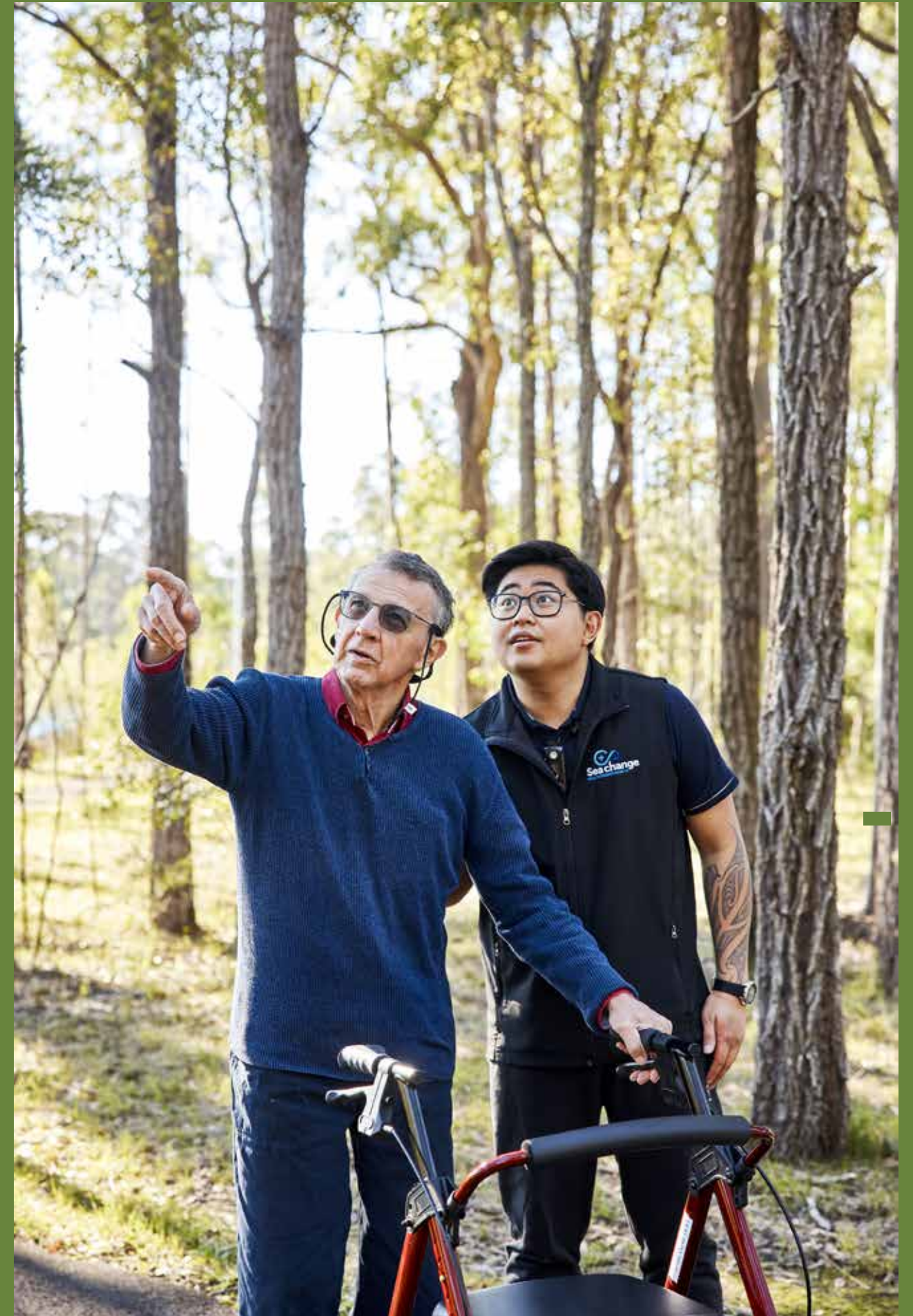




Common areas (continued)

Outdoor areas

- The atrium overlooks the resident herb and cottage garden
- Quiet garden sitting areas are accessed via gently winding pathways



Private or shared rooms



Each room features built in cabinetry and thoughtful design features.

Quality, condition, size and amenity

- Single electric bed
- Bed coverings, including sheets, pillows and bed spread. Residents are welcome to bring their own
- Built-in cabinetry with display shelves
- Wardrobe/cupboard with full-length mirror
- Bedside table with lockable compartment
- Windows have curtains and fly screens and can be opened
- Air conditioning

Bathroom

- Shared bathrooms located near bedrooms
- Non-slip flooring, handrails next to the toilet
- Two call buttons
- Ceramic fixtures and fittings

Number of residents per room

- Single rooms – One
- Shared rooms – Two

Additional services

Anglicare offers higher standards of hospitality services for residents. For an additional daily payment, residents receive access to an additional range of services provided over and above those listed in the previous Care and Services section. These include, but are not limited to:

Enhanced Dining Experience

- Hot cooked breakfast daily with extended hours
- Extensive lunch menu – choice of at least two main courses, other options including soups, salads, light meals, sandwiches & dessert
- The option of an alcoholic beverage with lunch
- Variety of dinner choices – hot meal, soups, salads, sandwiches & selection of light meals
- Resident Snack Bar 24/7
- After-hours menu available upon request
- BBQs &/or special occasion meals in addition to routine social & cultural meals & events
- Happy hour
- Choice of dining venues
- Moulded food for pureed diets



Additional services (continued)

Technology and Engagement

- WiFi internet for residents & their visitors (up to 3 devices)
- CareApp to connect residents, carers and families
- Tovertafel interactive technology for enhancing cognitive and memory support
- BrainTrainerPlus™ digital experience to encourage active minds
- iPads/Tablets for resident use
- Wall mounted SMART TV in resident rooms
- Robotic therapy animal
- Evoke® TV & Radio channels available in resident's room
- Pay TV in common areas

Lifestyle and Interests*

- Musical playlist for residents – available on request
- Live entertainment
- Animal and pet visits
- Multisensory program
- Armchair travel sessions
- On-site gym/physiotherapy room
- Professionally printed clothing labels
- Capital Guardians account
- Bus outings – some lunches or ticket charges at additional cost to resident
- Church to you
- On-site Chaplain



All new residents are charged the daily Additional Services fee** as a condition of entry. This is a package, and individual services are not offered separately.

Residents paying the Additional Services fee are reviewed regularly (or as requested by the resident or person responsible) for their ability to access and benefit from the Additional Services.

Full details are in the Resident Agreement.

* All activities subject to public health orders

** Additional Services fee is outlined on the pricing page for each home

Pricing

Room types

| Room type | Number of rooms | Size (m²) | Description |
|-----------|-----------------|-------------|--|
| Shared | 16 | 20.5 - 22.8 | Shared room without ensuite bathroom |
| Single | 28 | 12.2 - 18.7 | Single private room without ensuite bathroom |

Payment options

Residents can choose to pay for their accommodation by a refundable accommodation deposit (RAD), a daily accommodation payment (DAP), or a combination of both.

A RAD is paid as a lump sum amount.
A DAP accrues daily and is paid periodically, for example fortnightly.

A combination payment includes both a partial lump sum (RAD) and daily payments (DAP).

Where a resident doesn't pay the RAD in full, they can elect to have their DAP deducted from their contribution. Where this occurs, the amount of DAP will gradually increase as their contribution decreases. As the RAD contribution decreases, the resident may be required to make a further contribution if the deductions are to continue.

Pricing

| Room type | Aged care pricing commissioner approved* | Maximum refundable accommodation deposit (RAD) | Maximum daily accommodation payment (DAP)** | 10% RAD | 90% DAP |
|-----------|--|--|---|----------|---------|
| Shared | N/A | \$300,000 | \$68.71 | \$30,000 | \$61.84 |
| Single | N/A | \$340,000 | \$77.87 | \$34,000 | \$70.09 |

Additional Services Fee*** – \$30 per day or \$5.95 per day for fully supported residents



* applicable to accommodation valued over \$550,000

** DAP prices subject to change quarterly to align with government quarterly interest rate changes

*** For new residents entering the residential care home from July 2023, the Additional Service Fee will be indexed on an annual basis in July of each year based on the CPI increase for the previous year. This applies to all fully and partially supported residents.



Anglicare

For more information please contact us.

anglicare.org.au/agedcare

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