



JOSLIN

# GAYNES PARK

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SUITES

# Welcome

to the Gaynes Park Suites  
community



GAYNES PARK

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SUITES





**Assisted  
living  
means  
living  
effortlessly.**







### **We're here for you**

Our mission is to create a community where people can embrace life, because we know that where you live has a big impact on how you live. Rather than viewing ageing as something that restricts your life, we see it as a natural process that has plenty of benefits, even if it has a few challenges. It is a unique stage of life that should be celebrated.

We are committed to providing innovative, quality services and accommodation through tailored solutions. We view you as a partner – we listen to what you want and work with you to help you achieve it.

### **What is Assisted Living and is it right for me?**

Assisted living is a new category of senior living offering all the support that most people will ever need. Assisted living delivers a range of in-house services and support, along with shared community facilities. It removes the burden of chores and home maintenance, allowing people to live full, happy and stress-free lives, with a focus on mental and physical wellbeing. Assisted living offers privacy, dignity and peace of mind.

If you feel as though the responsibilities of living in a large home are causing you concern, moving to an assisted living suite at Gaynes Park is a great option. You'll live in your own stylish new suite, while we take care of the cooking, cleaning and maintenance.

Situated in beautiful Joslin, you'll be within easy reach of all that Adelaide has to offer so you can enjoy getting out and about just as you've always done.

Our goal is to provide you with the support you need to live independently and confidently.

## Exceptional dining experience

*At Gaynes Park Suites, we understand the importance of delicious and nutritious food.*

*Meals vary based on your chosen Service Option.*

### Let us take care of the cooking

We understand the concerns of maintaining a well balanced diet as we become older. Buying ingredients and preparing fresh meals every day can be overwhelming, especially if you have restricted mobility or dexterity.

At Gaynes Park Suites, we focus on seasonal produce, local suppliers and homestyle cooking at its best. The 4Seasons Kitchen + Dining deliver a personalised customer service dining experience unlike any other within a seniors' community.

Each week our food & beverage team deliver a light continental breakfast hamper to your suite.

Lunch is served in the dining room, with a choice of two hot dishes, fresh soup, antipasto bar, salad selection, sliced meats, continental breads, fruit, and cheese platter. For dinner you will also be able to choose from an à la carte menu with five tempting options, chef specials and dessert. We can also arrange to have meals delivered to your suite with a small tray charge fee.

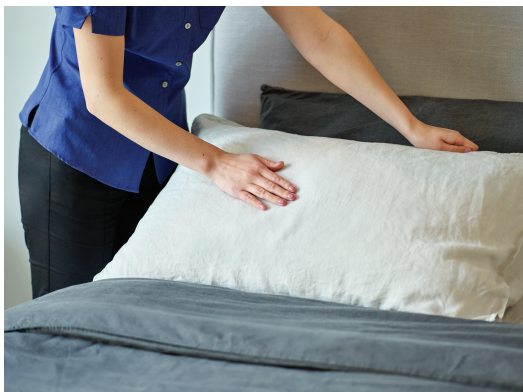
We welcome you to invite guests to join you for lunch, dinner and celebrations in the dining room. Our function room can also hold events for families and friends for you to celebrate without the hard work of travelling elsewhere.



## Support and services

*As well as providing nutritious meals and help with domestic chores like cleaning and heavy laundry, we also offer services that help support your physical and mental wellbeing.*

*A wide range of premium services are included based on your chosen Service Option.*



## We'll do the cleaning and home maintenance

Each week a cleaner will come and spend an hour servicing your suite, including changing and laundering your bed linen and towels. If you have a suite with a terrace, a monthly gardening service will also be provided.

## Helping you stay connected

Gaynes Park Suites takes advantage of the latest technology to make communication easier and provide a secure environment.

The internet and high speed Wi-Fi are available for connection. Provisions have been made for connection to NBN services and are available on a user-pays basis. As well as having high speed connections available in your home, you can access the Wi-Fi network in all shared spaces.

## For your peace of mind

Here at Gaynes Park Suites, your security is our priority.

Gaynes Park Suites has a swipe card access system to enter the building and the basement carpark. In addition, each suite has its own secure, front door swipe card entry and your own letterbox located on the ground level.

A CCTV security system also monitors each floor throughout the community 24 hours a day.

Your suite is equipped with 24-hour personal emergency call pendant should you require assistance due to a medical emergency.

## What are the benefits of living in a suite at Gaynes Park?

You don't have to worry about maintenance, chores or doing the cooking. A concierge or manager is available to help you book an appointment, assist with basic administrative tasks, search for information or coordinate services to assist you. Live in a suite at Gaynes Park and you'll have more time to do what's important to you, such as catching up with family and friends.

## Car parking and cage storage

There is secure underground basement car parking for 31 cars, which are available for lease. Each suite is allocated a storage cage located in the basement for any additional items that may require onsite storage.



## Lifestyle

*We want to make your day-to-day life easier and more enjoyable, with more time to focus on the things that are important to you.*

### You'll always get a good reception

Gaynes Park Suites has been designed to help make your life as uncomplicated and enjoyable as possible. Whether you enter the building from the street or from the lift that brings you up from the secure basement carpark, you'll find yourself in a beautifully appointed, light-filled reception area.

A concierge or manager will be there to welcome you and update you on the day's happenings or help take care of any requests.

Beyond the reception area is a resident lounge, library and games area, as well as a wide terrace and barbecue area adjoining the beautifully landscaped gardens. These are all lovely shared places to relax in or spend some time catching up with your friends or family.

### Bringing the community together

Upstairs, the warm and inviting dining room will host you for lunch and dinner, which will be made fresh every day in the Gaynes Park Suites kitchen. Off the dining room is a large function room with audio visual facilities. Here, you will be able to get together with fellow residents for a wide range of community events, including celebrations, movie screenings, sports events such as the Melbourne Cup, Friday night football, and various shows and presentations. Residents can welcome family and friends to enjoy these spaces also.

### Your wellbeing and happiness are paramount

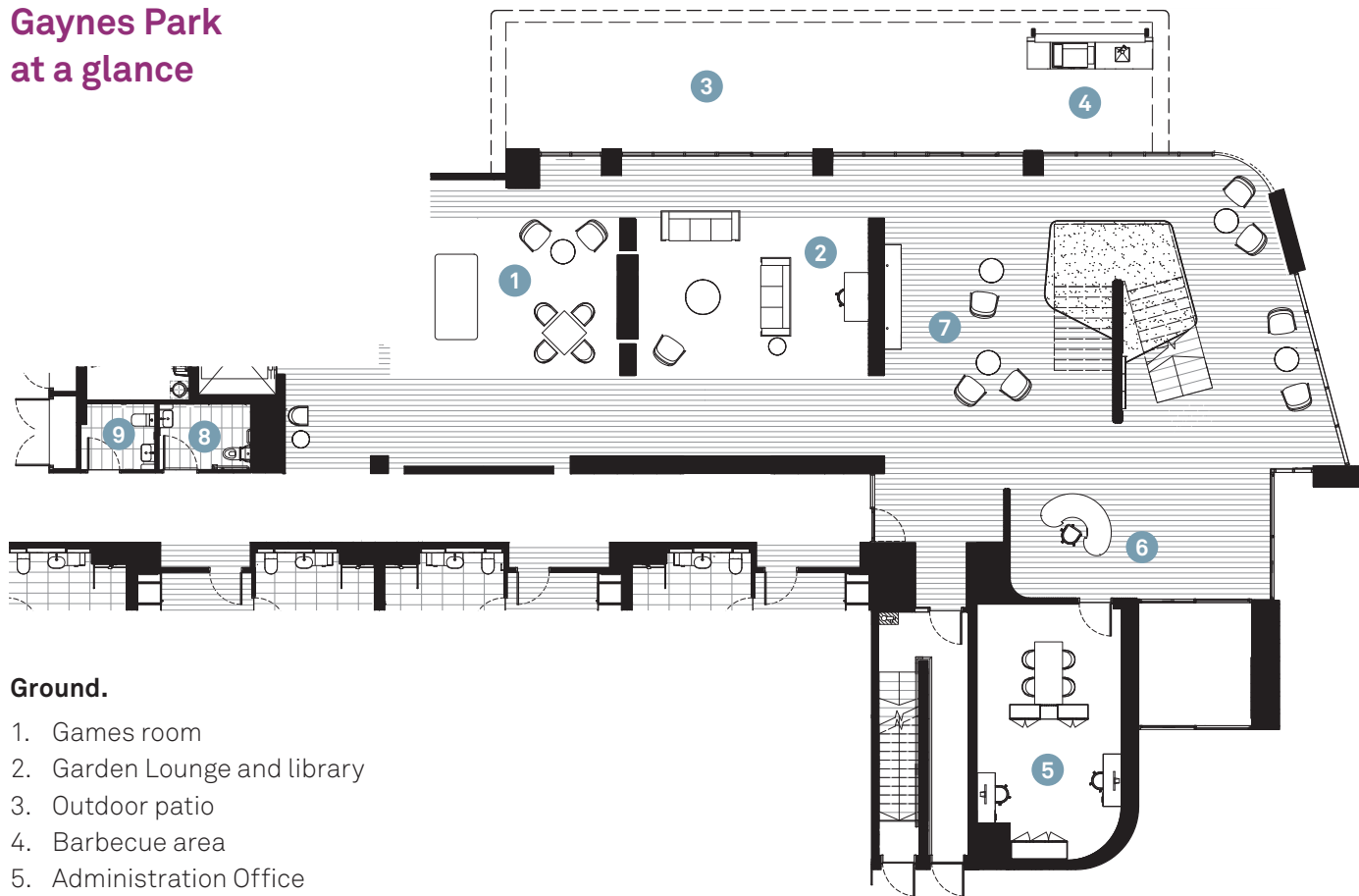
We all know how important remaining active and socially engaged is for our health and wellbeing. At Gaynes Park Suites, there are all sorts of opportunities to join in various activities, bus trips and events – and of course you can also do your own thing as much or as little as you please.

To ensure you continue to enjoy an excellent quality of life at Gaynes Park Suites, we consult with you about your health and wellbeing every six months.





## Gaynes Park at a glance



### Ground.

1. Games room
2. Garden Lounge and library
3. Outdoor patio
4. Barbecue area
5. Administration Office
6. Concierge
7. Casual seating
8. Accessible toilet
9. Public toilet

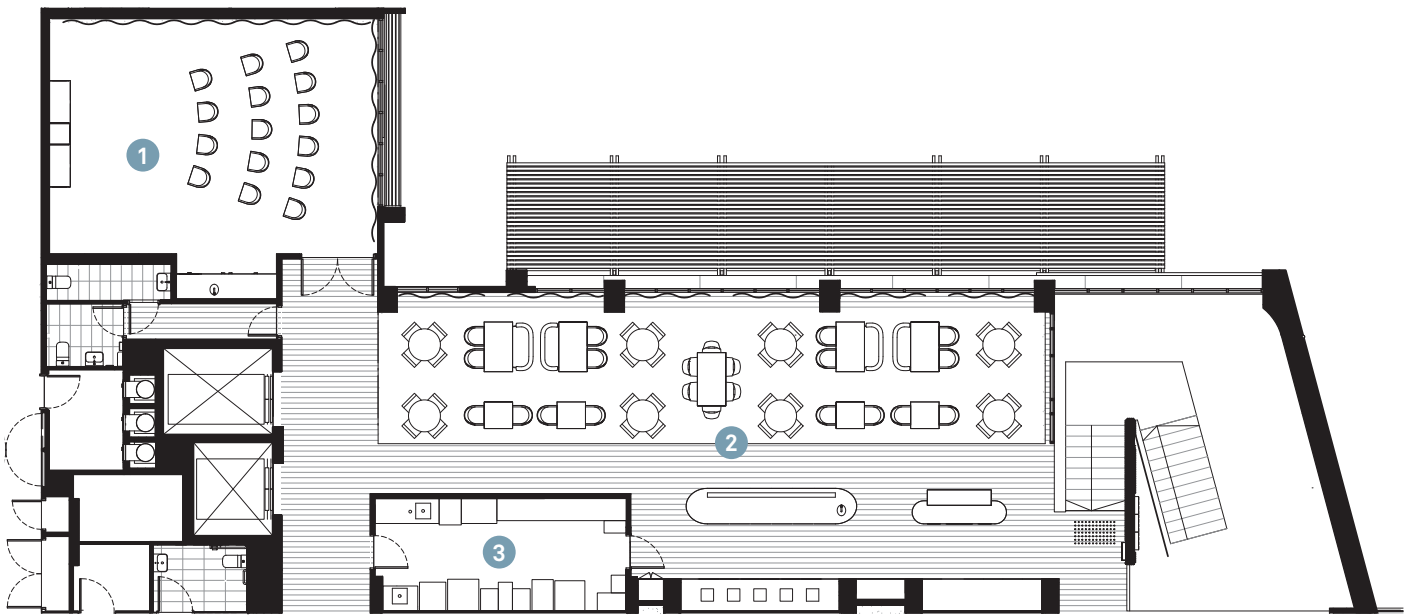
Concierge



Garden Lounge







**First.**

1. Henry's Room (Function Room)
2. The 4Seasons Dining Room
3. The 4Seasons Kitchen

4Seasons Kitchen & Dining



Henry's Room



## Suites

*Home is a place to call your own.  
A warm, inviting space where you'll  
feel comfortable and secure – an  
expression of who you are.*

### Blending style and practicality

One of the best things about living at Gaynes Park Suites is that your suite is your own personal space – a place where you can have your most treasured belongings around you and where you can do whatever you please.

One and two-bedroom suites are available, all of which have been specially designed with extra room to make it easier for you, as your mobility may change over time. There are no steps or narrow corridors and doorways, and the shower and toilet have the ability to have secure handrails installed. Each suite includes an emergency call system that's monitored 24 hours a day, every day of the year.

### Ready for your finishing touches

Just because you don't have to cook when you live here, it doesn't mean you may not want to from time to time. That's why your stylish kitchenette includes plenty of bench and storage space, along with an electric hotplate and rangehood, convection microwave, fridge/freezer and dishwasher. There's also enough room next to the kitchenette for a small dining table, along with a spacious living area that opens onto your own courtyard (*if located on the ground floor*).

Beyond your living space is a luxuriously appointed bathroom, a walk-in robe in the main bedroom suite, as well as other handy storage spaces. There is also a European style laundry with an efficient combination washer/dryer included. Access points for high-speed broadband and digital and subscription television services will help you stay in touch with the world.

### Your suite is your home

You can decorate your suite in any way you want. Make it yours!

It is entirely up to you if you want to invite friends and family, or simply enjoy your own company in the peace and quiet.

**A home  
you'll  
be proud  
to call your  
own.**





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Our goal is to provide you with the support you need to  
live independently, confidently and effortlessly.

Talk to us about moving to an assisted living suite at Gaynes Park  
Call us on 08 7129 5093 or email [enquire@torrensliving.com.au](mailto:enquire@torrensliving.com.au)

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[www.gaynespark.com.au](http://www.gaynespark.com.au)

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