

**SENIORS FESTIVAL MON 2<sup>nd</sup> -15<sup>th</sup>**  
**VILLAGE NEWS Mon 2<sup>nd</sup>**  
**SOCIAL CLUB OPEN FORUM TUE 3<sup>rd</sup>**  
 All warmly invited to connect & contribute  
**COMMUNION FRI 6<sup>th</sup>**  
**INTERNATIONAL WOMENS DAY SUN 8<sup>th</sup>**  
**SPRINKLER TEST WED 11<sup>th</sup>**  
**CHAPEL SERVICE SUN 15<sup>th</sup>**  
**SAINT PATRICKS DAY TUE 17<sup>th</sup>**  
**NATIONAL CLOSE THE GAP DAY THU 19<sup>th</sup>**  
**BIBLE STUDIES FRI 20<sup>th</sup>**  
**HARMONY DAY SAT 21<sup>st</sup>**  
**JOANNA'S FASHION WED 25<sup>th</sup>**  
**PALM SUNDAY SUN 29<sup>th</sup>**



**MEDICAL ASSISTANCE and EMERGENCY  
 PRESS YOUR INS LIFE GUARD PENDANT OR BUTTON**

Activate Alarm to Speak with an INS Professional  
 Remember to test your INS box every month  
 by pressing the button and speaking with the operator.

**FOR ALL OTHER ASSISTANCE**

**RECEPTION 8708 4700**  
 Weekdays: 9:00am - 4:00pm  
 Weekends: 10:00am - 4:00pm  
 Closed daily for lunch (30 mins)

**DENTAL SERVICE: 1800 637 637**  
**OPTOMETRIST:** Appoint via Reception  
**HAIRDRESSER:** Janine 8708 4717  
**NAIL ARTIST:** Vickie 0413 188 478  
**PHYSIO:** Andrew 9553 8145  
**PODIATRIST:** Jason 95841550  
**RESTAURANT:** Daniel 9157 3323  
 Tuesday-Sunday 10:00am - 2:00pm  
 Tuesday-Saturday from 5:00pm

**SUNDAY 1<sup>ST</sup>**  
**RIVERHIGH**  
 Tuesday - Sunday

MONDAY 2 <sup>ND</sup>	TUESDAY 3 <sup>RD</sup>	WEDNESDAY 4 <sup>TH</sup>	THURSDAY 5 <sup>TH</sup>	FRIDAY 6 <sup>TH</sup>	SATURDAY 7 <sup>TH</sup>	SUNDAY 8 <sup>TH</sup>	
<p><b>10:00am</b> BINGO</p> <p><b>11:30am</b> VILLAGE NEWS</p> <p><b>2:00pm</b> SHUFFLEBOARD MOVIE The Lake House</p> <p><b>5:00pm</b> DARTS</p>	<p><b>9:00am</b> STEPPING ON EXERCISE</p> <p><b>10:00am</b> CRAFT CONNECTIONS No bus service today</p> <p><b>1:00pm</b> CARPET BOWLS</p> <p><b>3:00pm</b> Social Club Open Forum</p> <p><b>4:00pm</b> MEN'S HAPPY HOUR</p>	<p><b>9:00am-12:00pm</b> BRIDGE ONLINE</p> <p><b>10:00am</b> CAFÉ CATCH-UP</p> <p><b>2:00pm</b> CROSSWORDS MOVIE Zorba the Greek</p> <p><b>2:30pm</b> CARPET BOWLS</p> <p><b>3:30pm</b> Reception Closing</p>	<p><b>- PHYSIOTHERAPIST -</b> <b>8:45am</b> WATER AEROBICS</p> <p><b>9:00am</b> PHYSIO EXERCISE CLASS GARDEN CLUB</p> <p><b>10:00am</b> BUS Roselands &amp;Hurstville</p> <p><b>11:00am</b> Residents Information Meeting</p> <p><b>3:00pm</b> DARTS Kylie Wilkinson MP Office</p>	<p><b>9:15am + 10:05am</b> BUS to Menai</p> <p><b>11:00am</b> COMMUNION</p> <p><b>2:30pm</b> BP SONGSTERS</p> <p><b>3:30pm</b> HAPPY HOUR</p>	<p><b>9.00am</b> TAI CHI &amp; MEDITATION</p> <p><b>1:00pm</b> MAHJONG</p> <p><b>2.00pm</b> CROSSWORDS</p> <p><b>5:15PM</b> Friendship Dinner Everyone Welcome</p>	<p><b>INTERNATIONAL WOMENS DAY</b></p> <p><b>12:00pm</b> LUNCH AND FUNDRAISER Biyani House provides a safe place for women and children escaping domestic and family violence.</p>	
MONDAY 9 <sup>TH</sup>	TUESDAY 10 <sup>TH</sup>	WEDNESDAY 11 <sup>TH</sup>	THURSDAY 12 <sup>TH</sup>	FRIDAY 13 <sup>TH</sup>	SATURDAY 14 <sup>TH</sup>	SUNDAY 15 <sup>TH</sup>	
<p><b>10.00am</b> BINGO BUS OUTING Sydney Outlet Village</p> <p><b>2:00pm</b> SHUFFLEBOARD MOVIE Beat the Devil</p> <p><b>5:00pm</b> DARTS</p>	<p><b>- PODIATRIST -</b> <b>9:00am</b> STEPPING ON EXERCISE</p> <p><b>10:00am</b> CRAFT CONNECTIONS No Bus Service today</p> <p><b>1:00pm</b> CARPET BOWLS</p> <p><b>4.00pm</b> MEN'S HAPPY HOUR</p>	<p><b>- SPRINKLER TEST -</b> <b>9:00am-12:00pm</b> BRIDGE ONLINE</p> <p><b>10:00am</b> CAFÉ CATCH-UP</p> <p><b>2:00pm</b> CROSSWORDS MOVIE - The Coal Miner's Daughter</p> <p><b>2:30pm</b> CARPET BOWLS</p>	<p><b>- PHYSIOTHERAPIST -</b> <b>8:45am</b> WATER AEROBICS</p> <p><b>9:00am</b> PHYSIO EXERCISE CLASS GARDEN CLUB</p> <p><b>10:00am</b> BUS Roselands &amp;Hurstville</p> <p><b>3:00pm</b> DARTS</p>	<p><b>9:15am + 10:05am</b> BUS to Menai</p> <p><b>2:30pm</b> BP SONGSTERS</p> <p><b>3:30pm</b> HAPPY HOUR SINGALONG</p>	<p><b>9.00am</b> TAI CHI &amp; MEDITATION</p> <p><b>1:00pm</b> MAHJONG</p> <p><b>2.00pm</b> CROSSWORDS</p> <p><b>5:15PM</b> Friendship Dinner Everyone Welcome</p>	<p><b>RIVERHIGH</b> Tuesday - Sunday</p> <p><b>2:30pm</b> CHAPEL SERVICE</p> 	
MONDAY 16 <sup>TH</sup>	ST PATRICKS DAY 17 <sup>TH</sup>	WEDNESDAY 18 <sup>TH</sup>	THURSDAY 19 <sup>TH</sup>	FRIDAY 20 <sup>TH</sup>	SATURDAY 21 <sup>ST</sup>	SUNDAY 22 <sup>ND</sup>	
<p><b>10.00am</b> BINGO</p> <p><b>2:00pm</b> SHUFFLEBOARD MOVIE Goodbye Christopher Robin</p> <p><b>5:00pm</b> DARTS</p>	<p><b>9:00am</b> STEPPING ON EXERCISE</p> <p><b>10:00am</b> CRAFT CONNECTIONS BUS Miranda &amp; Menai</p> <p><b>12:00pm – 2:00pm</b> SAINT PATRICKS DAY LUNCH</p>  <p><b>4.00pm</b> MEN'S HAPPY HOUR</p>	<p><b>9:00am-12:00pm</b> BRIDGE ONLINE</p> <p><b>10:00am</b> CAFÉ CATCH-UP</p> <p><b>2:00pm</b> CROSSWORDS MOVIE The Sound of Music</p> <p><b>2:30pm</b> CARPET BOWLS</p>	<p><b>- PHYSIOTHERAPIST -</b> <b>8:45am</b> WATER AEROBICS</p> <p><b>9:00am</b> PHYSIO EXERCISE CLASS GARDEN CLUB</p> <p><b>10:00am</b> BUS Roselands &amp;Hurstville</p> <p><b>3:00pm</b> DARTS</p>	<p><b>9:15am + 10:05am</b> BUS to Menai</p> <p><b>2:30pm</b> BIBLE STUDY</p> <p><b>3:30pm</b> HAPPY HOUR TRIVIA</p>	<p><b>-HARMONY DAY-</b> <b>9.00am</b> TAI CHI &amp; MEDITATION</p> <p><b>1:00pm</b> MAHJONG</p> <p><b>2.00pm</b> CROSSWORDS</p> <p><b>5:15PM</b> Friendship Dinner Everyone Welcome</p>	<p><b>RIVERHIGH</b> Tuesday - Sunday</p>	
MONDAY 23 <sup>RD</sup>	TUESDAY 24 <sup>TH</sup>	WEDNESDAY 25 <sup>TH</sup>	THURSDAY 26 <sup>TH</sup>	FRIDAY 27 <sup>TH</sup>	SATURDAY 28 <sup>TH</sup>	SUNDAY 29 <sup>TH</sup>	
<p><b>10.00am</b> BINGO</p> <p><b>2:00pm</b> SHUFFLEBOARD MOVIE The Bridge of Spies</p> <p><b>5:00pm</b> DARTS</p>	<p><b>- PODIATRIST -</b> <b>9:00am</b> STEPPING ON EXERCISE</p> <p><b>10:00am</b> CRAFT CONNECTIONS BUS Miranda &amp; Menai</p> <p><b>1:00pm</b> CARPET BOWLS</p> <p><b>4.00pm</b> MEN'S HAPPY HOUR</p>	<p><b>9:00am-12:00pm</b> BRIDGE ONLINE</p> <p><b>10:00am</b> JOANNA'S FASHION CAFÉ CATCH-UP</p> <p><b>2:00pm</b> CROSSWORDS MOVIE English Patient</p> <p><b>2:30pm</b> CARPET BOWLS</p>	<p><b>- PHYSIOTHERAPIST -</b> <b>8:45am</b> WATER AEROBICS</p> <p><b>9:00am</b> PHYSIO EXERCISE CLASS GARDEN CLUB</p> <p><b>10:00am</b> BUS Roselands &amp;Hurstville</p> <p><b>3:00pm</b> DARTS</p>	<p><b>9:15am + 10:05am</b> BUS to Menai</p> <p><b>2:30pm</b> BP SONGSTERS</p> <p><b>3:30pm</b> HAPPY HOUR BIRTHDAY BASH</p> <p>ENTERTAINER James Saxman</p>	<p><b>9.00am</b> TAI CHI &amp; MEDITATION</p> <p><b>1:00pm</b> MAHJONG</p> <p><b>2.00pm</b> CROSSWORDS</p> <p><b>5:15PM</b> Friendship Dinner Everyone Welcome</p>	<p><b>PALM SUNDAY</b></p> <p><b>RIVERHIGH</b> Tuesday - Sunday</p>	
MONDAY 30 <sup>TH</sup>	TUESDAY 31 <sup>ST</sup>	<p><i>Wishing you a month full of sunshine, smiles, and celebrations!</i></p> <p><i>Happy Birthday</i></p>					
<p><b>10.00am</b> BINGO</p> <p><b>2:00pm</b> SHUFFLEBOARD MOVIE What's Love Got to Do with It</p> <p><b>5:00pm</b> DARTS</p>	<p><b>9:00am</b> STEPPING ON EXERCISE</p> <p><b>10:00am</b> CRAFT CONNECTIONS BUS Miranda &amp; Menai</p> <p><b>1:00pm</b> CARPET BOWLS</p> <p><b>4.00pm</b> MEN'S HAPPY HOUR</p>						

